Summer 2016



#### MSC/MYCA Annual Meeting June 10, 2016 Fernwood Cove, Harrison

9:15 am Start your day off with coffee, featuring Coffee by Design's Maine Summer Camps Special Blend, and a yogurt parfait bar sponsored by Grandy Oats and General Mills.

10 am According to MSC President Andy Lilienthal the meetings will start **promptly at 10 am**.

- First on the agenda will be a short presentation by Peter Lowell, Executive Director of Lakes Environmental Association (LEA), on all of the work that his organization does to help protect our lakes and streams.
- ♦ The annual membership meetings for MYCA and MSC will follow Peter Lowell's presentation.
- The morning ends with the presentation of the Halsey Gulick Award after which everyone will be treated to **lunch provided by Fernwood Cove**.

After lunch our hosts Beigette and Jim Gill will conduct a tour for anyone interested in viewing the camp and all their sustainability projects.

Next year's Annual Membership Meeting will be held on June 9 at Camp Winnebago.



#### Inside:

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Maine Summer Camps mainecamps.org

#### President's

#### Column



Andy Lilienthal

Summer is almost here. The pace of life is ramping up and details fill the days as preparations for the beginning of camp are in full swing. Days are long and getting longer, lists are left incomplete and my desk

never tidy when the day

ends. There are sports games to attend, Bar-B-Q's to burn and people to connect with before disappearing into the camp paradigm, not to reappear until the backside of August. It is a hectic, exciting and meaningful time as life is erupting and we are smack in the middle of it. Amidst the swirl of activity and emotions, I find moments to enjoy and reflect, catching the sweetness of lilac gracing the air or noticing the birds, atwitter in life, erupting in a cacophony of calls.

Amidst it all, I am strangely anchored by two phrases that I have come to believe; "life goes faster as one gets older" and "ultimately, happiness is predicated on the quality of one's relationships."

I am definitely guilty at times of taking for granted the magic of life and the fortune I have to be in a profession I love. I lose sight of the impact camp has to effect profound change on so many people, families and communities. I love my friends and never spend enough time enriching or enjoying my relationships. The balance is delicate and a seemingly never ending trip that is not helped by life's hectic pace.

That is why I love to get to camp. It is there that time takes on a different value. Like Hans Castorp's experience at the sanatorium in the "Magic Mountain" that is dominated by a predictable sameness where time loses meaning, camp is a place where the function of time is mostly irrelevant. It is that magical state effused with long stretches of un-interruption that allows emphasis on relationships, learning, or whatever else you want to focus on, without the bombardment of extraneous distractions that have become all too commonplace in most of life. It is a place where reality takes on whatever meaning is ascribed to it and only those who are there can understand. However, once you leave camp and step back into society, like the startled Castorp found, time's beat can drum even faster and there is little to do to slow it down.

As I look back over my 15 years as Director and the 11 years I have lived in Maine, time has been a blur. Despite that feeling of time racing by, I feel deeply lucky to know many of you and see the deep and positive impact that you have on so many people. I have treasured my time serving as MSC President and deeply appreciate the effort so many of you have given to moving the organization forward. Between the guidance of Ron Hall and Margi Huber in the office and Catriona Sangster as the incoming President, I look forward to being part of a dynamic, forward thinking and productive organization that helps all of us improve and extend the value of camp.

May this summer be your best summer ever. Stay safe and have lots of fun.

#### Don't Miss It!

#### JANUARY 24, 2017 ITALIAN HERITAGE CENTER

BOB DITTER ON STAFF MENTAL HEALTH
AND THE
BUSINESS NETWORKING EXTRAVAGANZA

Next year we are combining two of our biggest events by having our major Educational Workshop and the Business Members Networking Extravaganza on the same day: Tuesday, January 24th at the Italian Heritage Center in Portland. From 9:00 to 12:30 MSC will sponsor a workshop featuring Bob Ditter. The focus of the workshop will center on "staff mental health." In order to help offset the cost of the



Bob Ditter, M.ED., LCSW

workshop, Androscoggin Bank has generously agreed to be the workshop sponsor. This will make it possible to keep the registration fee for the workshop the same as last year (\$20 per person). After the workshop, there will be a buffet lunch and our Vendor Networking Extravaganza. The day will end with our annual Mega Raffle. And similar to last year, the lunch and venue for the event will be sponsored by a limited number of MSC businesses - yet to be determined.



#### **News From**



2016 ACA New England Camp Champions Program

This year 26 campers will be able to attend a Maine camp thanks to grants awarded to them from ACA New England's Camp Champions fundraiser. Thirteen Maine camps elected to participate in the program this year.

### Maine Summer Camps Board of Directors 2015-16

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Rich Deering, Birch Rock Camp for Boys

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Executive Director - Ron Hall

MSC Historian - Henry Paul Johnson

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Secretary: Tracy St. Onge, The Summer Camp Mary Ellen Deschenes, Girl Scouts of Maine

Tom Doherty, Camp Ketcha

Laura Ordway, Winona

Norm Thombs. Mechuwana

Maine Summer Camps News is a publication of the Maine Youth Camping Foundation dba:

Maine Summer Camps

Ron Hall, Editor

PO Box 1861, Portland, ME 04104

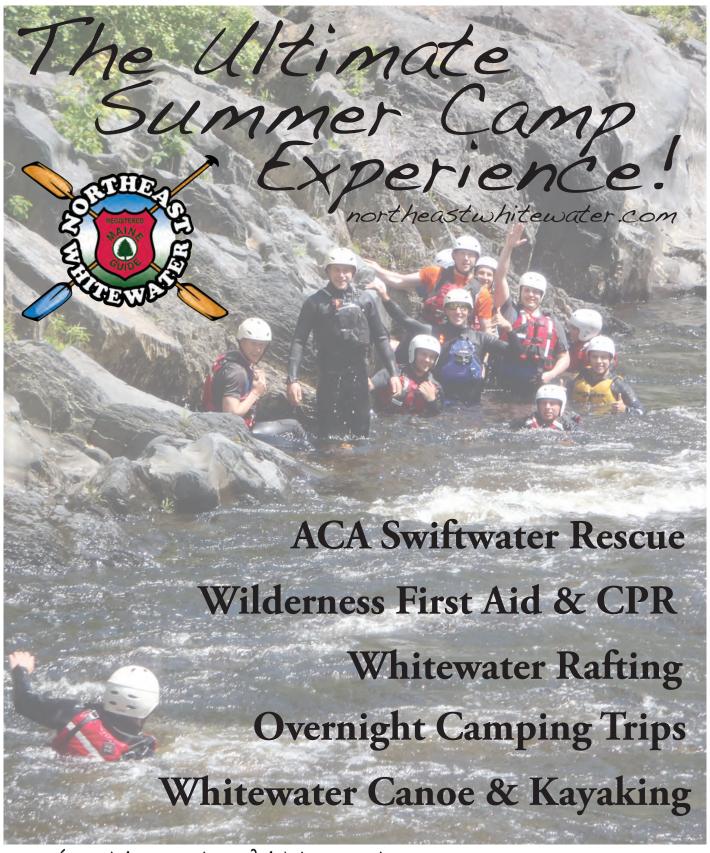
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Submissions and articles welcome!



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# Building a Culture of Safety

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Alan Cooper, Esquire General Counsel, Claims Director

Alan is direct, professional and effective. Staff leaves his presentation better equipped and more prepared to take on the responsibilities of caring for and protecting children. There is no question our camps and campers are safer because of it.

Mickey Black Third Generation Owner/Director Pine Forest Camp, Greeley, Pennsylvania



Norman Friedman, M.Ed. Executive Director, AMSkier Partners

Norm is genuine and impactful, and it was wonderful to see our staff so engaged in such an essential orientation session. This information is critical to keeping our campers safe; Norm delivers it in a way that affects our staff in a very positive way.

Dani Hoffer Orientation Coordinator/Head Counselor Woodmont Day Camp, New City, New York



Gary Kimball, M.S. Camp ALERT Network, Executive Director

Gary covers the sometimes difficult workshop topics with poise and experience. He doesn't merely lecture the staff but integrates stories from his life and camps to make his points and reach our staff with this important material.

Mara Berde Assistant Director, JCC Maccabi Sports Camp, San Francisco, California

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#### Save the Date!

Summer 2016



Dr. Chris Thurber
Workshop
July 12, 2016 at 1:30 pm
Camp Wawenock

Mark your calendars to send your 1st and 2nd year staff to Camp Wawenock on July 12th at 1:30 pm for an informative and engaging mid-season training

by Dr. Christopher Thurber! This year, Chris will focus on *Truth and Consequences: Shame-Free Behavior Management*. This interactive workshop will challenge your staff to explore the limits of their own honesty, as well as devise graceful, instructive methods for helping their campers tell the truth when it counts. Their new skill set will help decrease gossip, enhance sportsmanship, and forge closer relationships at your camp. Don't miss this valuable training opportunity for your staff!

For more information visit our website: <a href="http://mainecamps.org/files/2013/05/Truth-and-consequences-Flyer-16.pdf">http://mainecamps.org/files/2013/05/Truth-and-consequences-Flyer-16.pdf</a>

12th Annual Camp Spelling Bee presented by Norway Savings Bank and Maine Summer Camps July 14, 2016





Two age groups: 12 & under and 13 – 15 years. Teams of 5 in each age group

There is no minimum age - Send any number of teams

9:30 A.M: Registration

10:00 A.M: Competition begins, all ages

The Racket & Fitness Center 2445 Congress Street, Portland, ME for more information visit:

http://mainecamps.org/files/2013/10/Spelling-bee-flyer-16.pdf



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#### THE CAMP HISTORY CORNER BY Henry Johnson, Historian

#### **Jewish Camps in Maine 1926**

In 2006, I had the opportunity to conduct an extensive interview with Dr. Joel W. Bloom; Camp Powhatan's Director Emeritus. Maine Summer Camps were not always accepting of Jewish children. Sometime in or about 1907, camps were founded in Maine which provided the opportunity for Jewish children to be welcomed into the Maine Summer Camp community.

I learned from a summary taken from a document entitled "Handbook of Summer Camps and An Annual Survey: Third Edition, 1926" ("Hand Book") that in 1926 there were apparently several summer camps, which were welcoming to Jewish children. The article specified the following camps in Maine:

Camp Ardeh, Oakland
The Barta Camp, Casco
Cedar Crest Camp, Oakland
Echo Lake Camp, Readfield
Highland Nature Camps, No Sebago
Camp Jo-Lee, North Belgrade
Camp Kennebec, North Belgrade
Camp Koda, Bridgton
Kamp Kohut, Oxford
Camp Tapawingo, Harrison
Camp Walden, Denmark
Camp Winnebago, Fayette

Through the passage of time, some camps have ceased operating. Other camps, such as Camp Tapawingo, Camp Walden and Camp Winnebago, continue to thrive and promote rich historical traditions in Maine camping.

This article provides a brief summary of some of the camps which, to the best of this Historian's knowledge, are no longer operating.

Camp Ardeh For Girls: 70 campers ages 10-16 in 1926. The camp session cost \$400.00 and it was a camp for Jewish girls conducted by Mr. and Mrs. Chester Teller. The camp offer diversified and well-balanced programs, which included trips to the White Mountains, and canoe trips around the Belgrade Lakes. The camp paid considerable

attention to music.

The Barta Camp: This camp may also have been known as the Rarta Camp or Tiarta Camp (formally Camp Woodland Springs), opened in 1926, and was owned and directed by Elinor C. Barta. Previously, Ms. Barta had been a director at Camp Winnemont and, before that, was associated with the Cobb family at Camp Wyonegonic.

Camp Cedar Crest: Boys ages 7-17, founded 1916 by Joseph I Gorfinkle. Dr. Gorfinkle was Rabbi of Sinai Temple in Mt. Vernon, New York. At the camp there were recreational and educational features, much of which was made up of canoe trips on the Belgrade lakes, the Kennebec River, and adjacent lakes. Trips were also taken to the White Mountains.

Echo Lake Camp for Girls: 70 girls ages 9-17, and was opened in 1926. It offered various land and water sports program, woodcraft, overnight camping trips, arts and crafts, dramatics, a camp chorus and aesthetic dancing. The region within thirty miles of the camp was utilized for canoe trips and hikes. In the Handbook it stated that, "The camp does not observe any of the Jewish dietary laws, and there are always some gentiles."

Highland Nature Camps: Opened in 1913 and operated in North Sebago. Previously, the Camp Directors, Mr. and Mrs. Eugene H. Lehman and Estelle B. Davidsberg, maintained a camp in Maine as early as 1910. Although "non-sectarian in spirit", this camp was largely patronized by prominent Jewish families. The programs were varied and included pottery, basketry and weaving, as well as other arts and crafts, with trips taken to the White Mountains, and canoe trips taken to the Songo and Crooked Rivers. Ceremonialism was emphasized at camp fires.

<u>Camp Jo-Lee For Girls</u>: 64 campers ages 8-18 in 1926. Camp Jo-Lee was a

well-established camp for Jewish girls, and had a national patronage. The campers were housed in log cabins that were equipped with modern conveniences. Mrs. Joseph C. Hyman was the camp director and there were opportunities for canoe trips, hikes and a trip to Canada.

Camp Kennebec: 97 boys ages 13-17 in 1926. Kennebec was a camp for Jewish boys with national patronage. The Camp Kennebec staff was described as "an efficient staff of university trained men" and included specialists in camperaft, woodcraft, horsemanship, and manual training. In July, the boys participated in aquatic meets and other athletic activities. In August, the boys camped out and took horseback trips.

Kamp Kohut For Boys: Established in 1907 and was attended by 130 boys. Kamp Kohut was a well-equipped recreation camp for Jewish boys established by Dr. George Kohut; founder the Kohut School in Harrison, New York. Frederic Alden, Henry Fredrich and Harry Kugul, all of whom worked at the Kohut School, were directors for the camp.

This Historian notes that the handbook, which provided some good history about Jewish camps, failed to list Camp Powhatan which was founded in 1921 in Otisfield, Maine by Ira "the Chief" Bloom. It also failed to mention Camp Androscoggin which, upon information and belief, was founded in approximately 1907 in Wayne, Maine. Both of these camps welcomed Jewish children.

It is respectfully submitted by this Historian that this article may contain an incomplete listing of camps that welcomed Jewish children back in 1926. But, it does represent an initial effort to shine a light on more of Maine Summer Camps' great history.



Ask how Androscoggin Bank can help keep your camp moving forward.



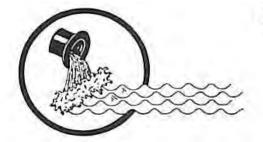
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#### **2016 Youth Group Raft Trips**

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- ✓ Slideshow and personalized video presentation of your adventure immediately following your trip
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	<u>Kennebec</u>	<u>Dead</u>
Rafting:	\$54.00	\$69.00
Fun Yak	\$39.00	N/A
Float Trip	\$39.00	N/A
Camping*:	\$12.00	\$12.00
Cabin Tents**:	\$15.00	\$15.00
Full Breakfast:	\$ 8.00	\$ 8.00
Continental Breakfast:	\$ 5.00	\$ 5.00
Pizza Party:	\$10.00	\$10.00
Spaghetti Dinner:	\$10.00	\$10.00
Chicken BBQ:	\$10.00	\$10.00
Hamburger/Hot Dog BBQ:	\$10.00	\$10.00

\*Must bring own camping equipment \*\*Must bring own sleeping bag and pillow (we provide sleeping pads)

A user fee of \$5.90 per person for the Kennebec River & \$13.60 per person for the Dead River trips will be assessed to cover the

Maine Inland Fisheries & Wildlife levy and road access fee.

#### OTHER ACCOMMODATIONS AND ACTIVITIES AVAILABLE

CLIMBING WALL \$25.00 per hour ROCK CLIMBING \$99.00 per person (at least 8 people) (Must be booked in Advance)



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# Save the Date! Summer 2016

#### Second Annual Maine Summer Camps Summer Earth Day July 15 and 16

We hope that everyone has been having a successful spring full of summer planning and gearing up for another great season! MSC and the Sustainability Committee would like to remind all camps that our second annual MSC Summer Earth Day will be taking place on July 15 and 16. Each individual camp can choose one of these days based on which works best with their schedules, or they can participate on both days!

The purpose of MSC Earth Day is to provide an opportunity for camps to incorporate environmental sustainability into their programming and have campers and staff engaged in a particular project or exercise. Many camps participated last year and came up with very creative ideas to celebrate the Earth.

We have come up with a wonderful theme this summer that emphasizes eating locally. Highlighting local food sources to demonstrate the ecological footprint of food, plus the added bonus of supporting local farmers and your local economy, is a great lesson that campers and staff can take home with them. Please follow this link <a href="http://www.mainefarmersmarkets.org/market/">http://www.mainefarmersmarkets.org/market/</a> to find local food sources near you!

Remember to post photos of your culinary creations, farmer's market purchases, and even camp-grown food and use #MSCEarthDay to post to social media.

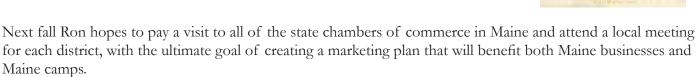
Happy Summer!

#### News and Reviews

#### The Maine Office of Tourism

For the past year, Ron Hall has been attending monthly tourism meetings in Augusta sponsored by the Maine Office of Tourism (MOT). The participants of the meetings represent chambers of commerce across the state and other tourist-related organizations in Maine. Currently MOT spends millions of dollars promoting vacationing in Maine, mostly to out-of-state markets. But the inclusion of Maine summer camps has been hidden deep inside their website.

This spring Ron met with members of MOT staff to explore how we might better collaborate with their marketing efforts. As a start, they will be repositioning the Maine Summer Camps link so it is much easier to access on their tourism website. MSC will also add the MOT link to our website. We have also reached out to Maine camps to help promote Maine tourism by having a supply of MOT brochures available for camp visitors. Please contact Margi at the MSC office if you would like to have any brochures sent to your camp. MOT has also indicated an interest in receiving compelling testimonials from camp families about the draw of coming to Maine. These testimonials would be used in their e-newsletters.





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#### News and Reviews

#### Summer 2016

#### MSC Spring Workshops and SYSCO Food Show

More than 75 representatives from MSC camps attended the April 26 workshops and food show at the Cross Insurance Arena in Portland. Those who battled the late snowstorm were treated to a non-stop lunch hosted by Sysco and attended one of the morning workshops.

Solar Power Workshop

Geoff Sparrow of Revision Energy, shared a very informative presentation about the economic and environmental benefits of solar power. His presentation thoroughly detailed how solar power works, and he shared examples and pictures of systems that have successfully been installed in camps in Maine to date. There was a great deal of interest in the technology and Geoff willingly and knowledgeably answered a plethora of questions the audience had throughout the presentation. For more information about how solar power may benefit your camp, contact:

Geoff Sparrow, P.E., Director of Engineering ReVision Energy, a Certified B Corp (207) 939-8615 (cell) (207) 221-6342 (office) geoff@revisionenergy.com



Highlights from the Public Water Systems Workshop Small Public Water systems (PWSs) Rule Changes effective April 1, 2016. The core changes include the following categories:

Create and have approved a sampling site plan. A sampling site plan must identify location of monthly/quarterly routine compliance sampling; timing of compliance sampling (of high demand and venerable contamination seasons); locations for repeat sampling.



Stay on the same compliance monitoring sampling schedule of either quarterly or monthly. No changes until the next Sanitary Survey or if there is a violation. The goal is convert all from quarterly to monthly over time. PWSs have a survey conducted every 5 years.

There are changes for repeat sampling requirements (ie: 3 repeat samples for a Total coliform (TC+) violation). A single TC+ is longer a violation but requires the repeat sampling to pass.

Assessments have been broken into two level requirements to "find and fix"

level 1 – two or more TC+

level 2 – E.Coli violation or monitoring violation or a second level 1 within 12 months.

There are changes for sanitary defects and corrective actions (notification to MDWP within 30 days)

PWSs must have an approved Seasonal startup plan. A form is provided by MDWP or you can create your own but it needs to be approved.

To view the presentation and related documents go to: <a href="https://www.mainerwa.org/rtcr-gwr-class-handouts.html">www.mainerwa.org/rtcr-gwr-class-handouts.html</a>

Contact: Tom J. Bahun, CET, Training Specialist Maine Rural Water Association

254 Alexander Reed Road Richmond, Maine 04357 Mobile: 207.837.8326



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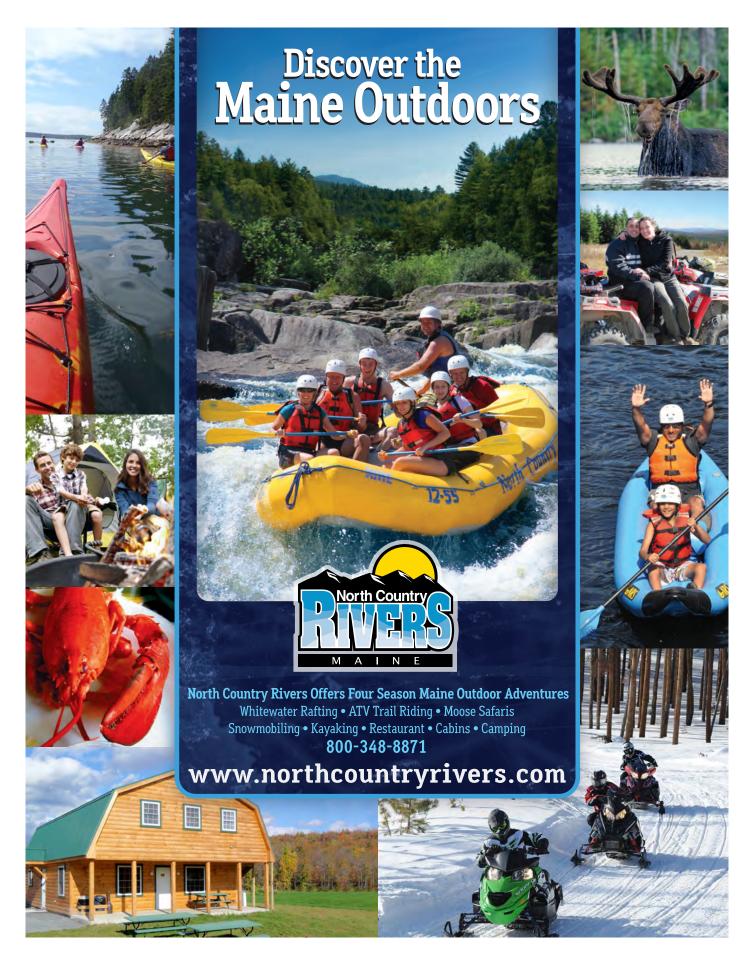
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#### Junior Maine Guide News

Junior Maine Guide Workshop for 2016 Test Candidates and JMG Camp Staff
Saturday, July 9, 2016

Campers and staff who will be attending JMG Testing Camp this summer are invited to attend a day of JMG awareness at Bryant Pond. The day will start with a meet and greet of the testers, followed by four training sessions. The testers will run stations on map and compass, axe and knife work, canoeing, and a question and answer group that will have a tree line and a group encampment set up. There will be an opportunity for questions at this last

station. Each station will last about 50 minutes, with

the groups rotating to the next station.



The testers will explain what they are looking for when they evaluate the candidates in these areas. While the 2016 testing candi-

dates are attending these stations, there will be one or two sessions just for the JMG counselors from the participating camps. The counselors can ask questions about how JMG Camp is run or ask for some teaching suggestions. Plans are under way to have a special speaker make a presentation during the lunch break. The registration for the workshop will be available online June 28 (after your campers arrive at your camp) and needs to be completed by July 1. There is no cost for campers and staff to attend the workshop and luncheon cookout.



Any camps that are running the Junior Maine Woodsman and/or Maine Woodsman programs that would like to send a staff member to this workshop should contact Moose Curtis at <a href="mailto:mr.moose675@gmail.com">mr.moose675@gmail.com</a> – space is limited.

JMG 2016 Testing Encampment Dates: Monday, July 25– Friday, July 29, 2016

Camps will be able to register their campers for JMG Testing Camp starting July 1. Registrations can be done online, just log onto <a href="https://www.mainecamps.">www.mainecamps.</a>

org and follow the Junior Maine Guide links. If you must register by mail, please contact the Maine Summer Camps office at 518-9557. The



JMG Camp fee is \$125 per candidate for MYCF member camps, \$150 per candidate for non-member camps and agencies. Make check payable to "Maine Youth Camping Foundation" and mail to: MYCF, PO Box 1861, Portland, ME 04104. Registration deadline is July 15. JMG compasses with lanyards will be sent to all candidates once they have registered – thanks to Camp O-AT-KA and their JMG alumni for the donation.

The JMG newsletter with additional information will be sent out during the last week of June. The newsletter will automatically be sent to all camps that have indicated that they will be participating in this year's JMG Testing Camp or have indicated that they will be using the Junior Maine Woodsman and Maine Woodsman curriculum this summer. If you are not on this list but would like to receive a copy of the newsletter please contact Margi at office@mainecamps.org



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Portland Science Center Contact: Matt Stone, 68 Commercial St., Bldg. C, Portland, ME 04101. matt@portlandsciencecenter.com. 207.812.3848. Showcasing subject matter from education and STEM fields to cultural phenomena and marvels of the world. www.portlandsciencecenter.com



# Reach Out to Your Legislators This Summer by MYCA President, Peter Hirsch

While we know your to-do lists are long - and are focused on the campers and counselors heading your way in a few short weeks — a gentle reminder that the summer is a great time to reach out to your local legislators. While this past legislative session was relatively quiet from our perspective, especially compared to last year's, who knows what lies in store for us

after the November election and a longer session of the Legislature next year. Invite your Senators and Representatives to visit camp this summer. And, then, after you catch your breath at the end of the season, consider attending an event that they sponsor in the fall. We all worked so hard to develop strong connections with our legislators across the state last year. Let's not wait until we are facing another potential crisis sometime down the road to work to maintain them.



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#### EpiPen Order

This spring thirty camps participated in MSC's bulk order for EpiPens. All of the EpiPens had a two year shelf life and collectively saved the participating camps over \$38,000. We are hoping to expand our purchasing program with Moore Medical next year to help camps save even more money.







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Size	Each	Box/Qty	Case/Qty	Each	Box/Qty	Case/Qty
AA	.27	6.48/24	38.88/144	.32	7.68/24	46.08/144
AAA	.27	6.48/24	38.88/144	.33	7.92/24	47.52/144
C	-59	7.08/12	42.48/72	.79	9.48/12	56.88/72
D	.79	9.48/12	56.88/72	.89	10.68/12	64.08/72
9V	.99	11.88/12	71.28/72	1.02	12.24/12	73.44/72



# Flashlights

Part #	Description	Price
IV2DC	Rayovac 2D, 23 Lumen	2.75
РСОВ	3AAA, 150 Lumen, Pocket Light	8.95
CREE-Q5	1AA, 100 Lumen, Compact	6.95









Maine Youth Camping Foundation dba Maine Summer Camps PO Box 1861 Portland, ME 04104 Return Services Requested

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#### Wednesday, September 21, 2016

This fall's MSC Membership meeting will be held at Migis Lodge in Casco. The day starts with a Board of Directors meeting at 9:00 am followed by a MSC membership meeting from 11:00 to 12:15. The highlight of the day will be a Migis Cookout for MSC camps and business members. The perfect way to wind down from a great summer! THANK YOU Migis!

#### Calendar of Events 2016

#### Save the Date!

**June 10, Friday - MYCF and MYCA Annual Membership Meetings** - Fernwood Cove. Details front page.

July 9, Saturday - JMG Workshop for 2016 Test Candidates and Staff - Bryant Pond 4-H Camp, Bryant Pond, ME. Details page 19.

July 12, Tuesday - Chris Thurber Staff Training Workshop, at Camp Wawenock - Raymond "Truth and Consequences: Shame-Free Behavior Management." Details page 6.

**July 14, Thursday -** 12th Annual Norway Savings Bank-MYCF Spelling Bee - Portland. Details page 6.

July 15 and 16, Friday and Saturday - Summer Camps Earth Day-Eat Local. Details page 13

July 25 - 29, Monday-Friday - Junior Maine Guides Testing Camp, Stephen Phillips Preserve - Oquossoc, ME. Details page 19

**September 21, Wednesday-** Fall Board and Membership Meeting. Migis Lodge, Casco, ME.